

Resources for Families

Food:

- All school districts are still offering breakfast and lunch to any kids 1-18 at participating locations: <https://www.kgw.com/article/news/health/coronavirus/food-meals-schools-portland-closed-coronavirus/283-f54b65f9-eeb8-4854-b7a9-f0fc9d61aab2>
- You can use SNAP benefits in Multnomah county to have groceries delivered from Amazon and Walmart (though a delivery fee will be charged)
<https://pamplinmedia.com/pt/9-news/455303-371419-oregonians-can-now-order-groceries-online-with-food-stamps>
- Private restaurants offering free lunch to kids while supplies last:
 - Laughing Planet Restaurants are providing free kids meals to kids who qualify for reduced lunch.
 - Lion Heart Coffee Beaverton will be offering brown bag lunches at both locations for anyone who needs them.
 - Pita Pit in Oregon City is offering lunch to local students in need.
 - Hog Wild BBQ in Clackamas will be offering free meals to kids who received free lunches at their schools
 - PDX Sliders will be offering free kid's meals to any child who needs it. Just let them know "School is out".
 - Stella Taco 3060 SE Division-ask for a "school lunch"
 - Sugar Street Bakery and Bistro 1430 SE Water Ave location
 - Bless your Heart Burgers both sites SW 2nd and NE 33 order a "hot lunch"
 - Koi Fusion free kids meals for kids under 12
- Hunger Fighters food pantry in Lake Oswego-1:00pm - 3:00pm every Saturday:
<https://www.hungerfightersoregon.org/>
- Gleaner Programs:
 - Urban Gleaners: <http://urbangleaners.org/need-food/>
 - Tualatin Gleaners: <https://tualatinvalleygleaners.org/>
 - Clackamas County Gleaners: <https://www.gleanerscc.org/>
 - NE Portland Birch Community Services:
<https://www.birchcommunityservices.org/>
- Find Food: <https://www.oregonfoodbank.org/find-help/find-food/>
- Food Boxes and Hot Meals:
<https://www.portlandoregon.gov/gatewaycenter/article/304568>
- Apply for SNAP (Supplemental Nutrition Assistance Program):
<https://oregonhunger.org/apply-for-snap/>

Technology: Most companies are waiving late fees and are suspending data usage limits due to COVID-19. Check out your specific company for more information:

<https://www.cnet.com/news/carriers-are-suspending-internet-data-caps-during-coronavirus/>

- Comcast basic internet? Free for low income customers for 60 days/\$9.99/month after that: <https://www.internetessentials.com/Apply>
- Comcast: <https://corporate.comcast.com/covid-19>
- Century Link: <http://news.centurylink.com/covid-19>

Utilities: Local companies will suspend shutoffs due to late or if you are unable to pay. Please contact your utility company to discuss options:

- PGE: <https://www.portlandgeneral.com/our-company/news-room/covid-19>
- Multnomah water bureau: <https://www.portlandoregon.gov/water/article/756552>
apply for financial hardships: <https://www.portlandoregon.gov/water/69504>
- Pacific Power- contact them to set up a payment plan:
<https://www.pacificpower.net/about/newsroom/news-releases/pacific-power-to-suspend-disconnections-in-response-to-covid-19.html>
- NW Natural: <https://www.nwnatural.com/customerservice/coronavirus>

Oregon Homeowner Support:



[Oregon Homeowners Support](https://www.oregonhomeownersupport.gov) is a new website which lists HUD approved counseling agencies. [NEDCO](https://www.nedco.org) is the designated agency for Clackamas County homeowners (Not affiliated with NWFS). Their services are geared toward those homeowners who are struggling to make their mortgage payments or who are already in default and at risk of foreclosure. These services are provided at **NO CHARGE** to the homeowner. Despite the mortgage and real estate crisis in our state, there are programs and help available.

Employment:

- Article on employment concerns:
<https://www.kgw.com/article/money/business/oregon-unemployment-benefits-coronavirus/283-4a76cc42-d6a2-4338-8c6a-549bfcf4565e>
- Unemployment: call 1-877-345-3484 or go to
<https://www.oregon.gov/employ/Pages/COVID-19.aspx>

For Any Other Resource Needs Call 211 at: 211 or 1-866-698-6155

<https://www.211info.org/search-resources>

Educational Tools:

- Scholastic Learn at Home-free educational tools offered daily to keep kids reading, thinking, and growing.
<https://classroommagazines.scholastic.com/support/learnathome.html>
- Virtual Field Trips-Explore from the comfort of your own home.
https://docs.google.com/document/d/1SvldgTx9djKO6SiyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic
- Virtual museums: https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?utm_source=facebook.com&utm_medium=social&utm_campaign=social-share-article&utm_content=20200313&fbclid=IwAR2zzAg7MpmXhpa75MNC3qlksaH-FgFBHBODFDx85pkXh-YDH8oTEX4kmB8
- List of educational Companies offering free subscriptions due to school closures: <http://www.amazingeducationalresources.com/>
- Go Noodle-free fun for kids: <https://www.gonoodle.com/>
- Raddish Kids Free Cooking ideas to support homeschooling: <https://www.raddishkids.com/pages/suddenlyhomeschooling>
- Online Art: <https://www.kitchentableclassroom.com/>
- Free Lunch Doodles class with artist Mo Williams-daily at 10 PST: <https://www.kennedy-center.org/education/mo-willems/>
- Disney Free Imagineering Classes : <https://www.khanacademy.org/humanities/hass-storytelling/imagineering-in-a-box>
- Ivy League courses you can take for free: <https://www.freecodecamp.org/news/here-are-380-ivy-league-courses-you-can-take-online-right-now-for-free-9b3ffcbd7b8c/>