



St. Ignatius Catholic Church

OREGON'S JESUIT PARISH

3400 SE 43rd Ave. Portland, OR 97206 - 503 777 1491 - office@sipdx.org - www.sipdx.org

February 01, 2026 - FOURTH SUNDAY IN ORDINARY TIME

Mass Times

| | |
|----------------|---------------------------|
| Saturday Vigil | 5:00 PM |
| Sunday | 8:00 AM |
| | 10:30 AM |
| | 7:00 PM |
| Weekday (M-F) | 8:00 AM |
| | at LJC - La Storta Chapel |

Reconciliation

Saturdays, 3:30–4:30 PM, or by appointment 503 -777-1491

Giving



Mass Intentions

- Mon, February 2
† Joseph Dave Dinh
- Tue, February 3
† Phillip Johnson
- Wed, January 4
† Peter Dieu Nguyen
- Thu, February 5
† All Souls
- Fri, February 6
† Peter Linh Nguyen

Wisdom from the Pews

Zephaniah 2:3; 3:12-13
1 Corinthians 1:26-31
Matthew 5:1-12a



This weekend we receive the gift of the Beatitudes in Matthew's retelling of the Sermon on the Mount. Frequently described as "rules for the Christian life," beatitude is defined by Webster as, "joy, happiness, bliss, well-being or contentment." Fr. John Martens, SJ explains, "The word which we translate as "Blessed" is makarios in Greek, which can also be translated as "happy."

Today's focus is on the first Beatitude: "***Blessed are the poor in spirit, for theirs is the kingdom of heaven***" (Matthew 5:1). Happy are the poor in spirit? Content are the poor in spirit? This didn't resonate with what I thought I understood, so I consulted the experts. I learned that my perception was misguided. In a series of homilies on the Beatitudes, Rev. Tulo Raistrick, an Anglican priest, describes becoming poor in spirit as the affirmation that "leads to prayer and to a humble heart;" acknowledgement that we "need God" to navigate our journey accepting that we cannot manage the challenges of

relationship, parenting, community or citizenship without Him. The prophet Zephaniah instructs us to "***seek justice, seek humility***" (Zephaniah 2:3). St. Paul assures us we each possess a unique "calling" even if we are not considered "***wise...powerful... or of noble birth***" by the standards of this world (Corinthians 1:26-31).

Father James Martin, SJ, compares the "journey of faith" to a "ladder." He writes, "What is that ladder?... How do we travel to God? The ladder is the Gospel. And each rung is one of the Beatitudes." I decided to use Fr. Martin's analogy as a guide for prayer during Advent: 8 Beatitudes (Matthew is the only gospel writer who includes 9); 4 weeks of Advent; 2 Beatitudes a week, 3 the 4th. I'd reach the pinnacle in time for Christmas! I began by stepping on the first rung of the ladder, reflecting on the 1st Beatitude. I've spent the past weeks wrestling with and praying for the gift of humility...it's going "ok." My



*"Blessed are the poor in spirit,
for theirs is the kingdom of heaven."*

(Matthew 5:1)

PARISH PROGRAMMING

Wisdom from the Pews (Cont.)

feet remain firmly planted on the first rung. I'm working on myself, trying to listen more, speak less, avoid judgement, rely on God...baby steps. I've also grown to appreciate some things I'd not thought about in a while.

When my mother was alive, I would frequently go to her full of angst and worry about 'whatever'! She would listen patiently and say, "Don't worry, Lisa. God's in charge." My response to this standard line would be a sigh and an eye roll. I knew my mom was a good, faith-filled person; I now recognize her as one who was "poor in spirit." A few weeks ago, I decided to consult my annotated Bible looking for further insight. It held a bookmark my mom had given me when I was a college freshman in 1977; it marked Matthew 5! Thanks, Mom!

This is my current understanding of what it means to be "poor in spirit." Humility is a virtue to aspire to, not an admittance of weakness or failure. We don't have to navigate it all by relying on our own resources, abilities, and talents. There are good, wise souls willing to help. We think we are in control, but actually, "God's in charge!" And, the journey will likely take longer than planned. I'm guessing I'm going to spend most of 2026 humbly lodged on the first rung!

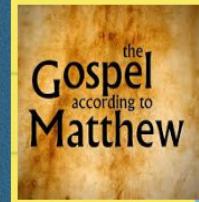
Lisa Manthey and her husband, **Richard**, have been parishioners at St. Ignatius for almost 8 years. They have four grown daughters, one son-in-law and one 2-year-old granddaughter who is their delight, and often the reason they are not at Mass as they are out of town visiting her!

Back to School 3.1 Winter Classes

The Gospel of Matthew

A new year and a new look at Matthew! Four sessions introducing this Gospel will be led by Cliff Yeary, author of several bible studies from Liturgical Press and Little Rock Scripture Study.

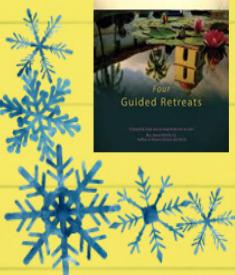
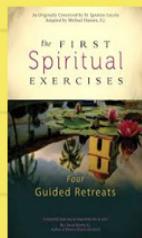
Meets Sundays from 1/18-2/8 in the parish office dining room.



IGNITE

Sessions will focus on the Women of the Bible and how they teach us to be in relationship with God, with others, and with ourselves.

Meets on Zoom from 5:30-6:30PM
1/18, 1/25 and 2/1 - Women from the Old Testament
4/19, 4/26, 5/3 - Women from the New Testament



Great Choral Masterworks

January 11th—Mendelssohn's Elijah
February 8th—Elgar's Dream of Gerontius
March 8th—Brahms' A German Requiem
April 12th—Vivaldi's Gloria
May 10th—Mozart's Requiem

This series is led by Joseph Byrd
Meets in the church at 9:15AM

Spiritual Exercises Short Retreat

Join Deacon Mac for a retreat to foster inner peace centered in God's divine love on Sundays, 1/11-2/8 from 12-1:30.

Contact Deacon Mac to register -
mac.a.chester@gmail.com

Yarn If you always wanted to learn how to knit or crochet but never find the time. If you already know how to knit or crochet but don't have even an hour weekly to do so. OR If you would be willing to teach someone the finer points of either skill. Please join us for an hour after the 10:30 mass on February 8 (11:30-1:00) at the Fireplace Room in the Parish Office. Bring your own project or contact Maureen at (206) 889-7820 about materials.

PARISH PROGRAMMING

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John Muench

Pastoral Council Chair

pastoralcouncil@sipdx.org

Office Hours

Monday to Thursday
9:00 AM to 3:00 PM

Leaning into Lent

Soup and Conversation

This family-friendly event hopes to deepen our community through food and faith sharing.

Fridays from 6:00-8:00

2/27, 3/13, 3/27

Sign up to bring something through this link: <https://bit.ly/3YLjWdz>

Stations of the Cross

This year's Stations of the Cross journey invites you to discern your call as a Catholic in a wounded world through music, scripture, and a series of reflections.

3/4 and 3/18- noon

3/11 - 7PM

Tenebrae

Journey with Christ to the cross in this service of scripture, song, and darkness. Wednesday, March 25 at 7PM

Masses/Services

Ash Wednesday

February 18 at 8AM and 7PM

Parish Reconciliation Service

March 9 at 7PM

Triduum

Holy Thursday - April 2, 7PM

Good Friday - April 3, 7PM

Easter Vigil - April 4, 8:30PM

Adoration

During Lent, every Sunday from 6:15-6:45, you are invited to be with Christ through the intimate prayer of Adoration. This time of prayer will culminate with the celebration of Mass at 7PM.

Baptism for infant up to age 7

Parents who are registered in the parish and attend Mass are asked to prepare by participating in one of the Infant Baptism Preparation Sessions. If your child is seven years of age or older, an additional session will be required for both you and your child.

To foster a hospitable and supportive environment, sessions are conducted in small group settings; therefore, class sizes are limited.

Sign up at: sipdx.org/baptism

Next dates: May 9, 2026 & June 13, 2026



COMMUNITY CONTRIBUTION

UNDER ONE ROOF - Fundraising Campaign



GOAL: \$250,000



For years, Dillon Hall has been the gathering place for parish assemblies, school events, and student activities. Its roof now requires urgent replacement to preserve this vital space that unites our community.

Our fundraising goal is \$250,000, and your contribution will help us complete this essential project.

Please consider supporting us by scanning the QR code or making a [donation online](#) ("Under One Roof" Fund). Thank you for your generosity!

Planned Giving



For several decades, St. Ignatius has been here in SE Portland serving people in faith, educating the young with hope, and engaging the world with the love of Christ and the Good News of the Gospel in the Jesuit tradition. Please prayerfully consider including the parish in your estate plans to help us sustain this mission for future generations.

If you are interested in learning more about planned giving options at St. Ignatius Parish, please see the "[Ways to Give](#)" page on our website or [contact Fr. San](#).

July 1, 2025 - June 30, 2026

| Church tithe | Actual | Budget | % of Goal |
|-----------------------|---------|---------|-----------|
| January 12 - 18, 2026 | 5,428 | 11,383 | 48% |
| Month of January | 24,489 | 45,530 | 54% |
| Year-to-Date | 306,209 | 585,000 | 52% |

2025 Giving Statements

Your 2025 Giving Statements will be available beginning February 1, 2026. To access your statement, please visit: <https://onrealm.org/sipdx/>.

If this is your first time using Realm, click here to create an account: <https://onrealm.org/sipdx/Register>. Once logged in, select the Giving tab and look for the 2025 Giving Statements.

If you need assistance, please contact the Parish Office during office hours, Monday - Thursday, 9:00 AM - 3:00 PM.

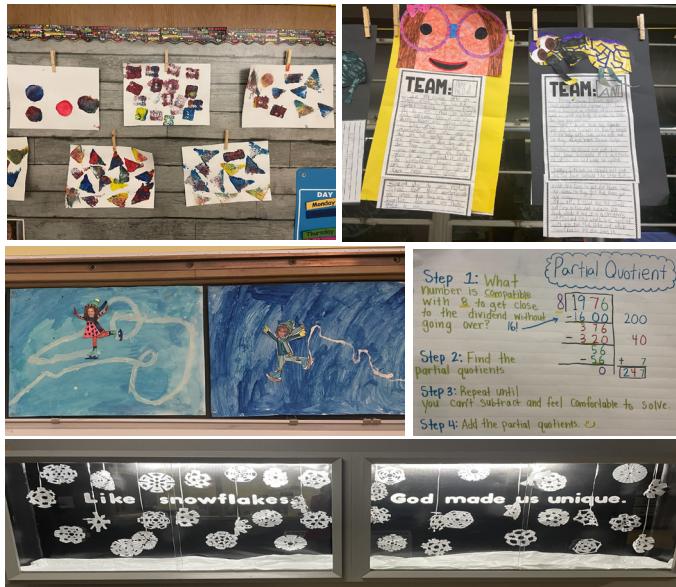


ST. IGNATIUS SCHOOL

Our third grade class led us through a beautiful Mass recently. Fr. James explained how we are called to bring Christ to those around us. Fr. James explained the importance of some of our Christian symbols such as water for baptizing and the dove representing the Holy Spirit and peace. The church was filled with beautiful music led by our talented choir.



Our students continued to stretch their eager minds this week. Our preschoolers using sponge painting to create masterpieces while developing their fine motor skills. Our kindergarteners learned about the sacrament of baptism in the church with Fr. James. The first graders crafted unique snowflakes for our school entry. Our second graders are studying the Earth's forces. In third grade, the students crafted ice skaters and took a side on whether ants are a nuisance or a gift and wrote about their opinions. Our fourth graders are learning to divide three digit numbers using compatible numbers. The fifth graders are learning about the revolutionary war through a guided simulation discussion complete with various roles such as George Washington along with other commanders, spies, and enlisted soldiers. Each battle they read about brings decisions to be made along with the twists and turns the history of the beginning of our country took. Our students are continually challenged to think critically and make informed decisions.



School Office

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Principal

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School Secretary

Julie Frangipani

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Ext 233

Our [Aspire, Believe, Celebrate](#) school auction will take place on Saturday, April 18, 2026. We need to solicit sponsors and procure items. If you know of a business willing to sponsor our auction or donate an item, please use this linked form or direct them to our school office.



and compassionate world for all. Students live out what it means to be part of a caring community through Family Group activities, whole school Masses, grade level and whole school service partners, and celebrations of achievement for our schoolwide learning expectations of developing eager minds, passionate hearts, enthusiastic spirits, and brilliant futures.

May we heed the words of Mother Teresa, “*Spread love everywhere you go. Let no one ever come to you without leaving happier*,” as we spread the love of God throughout the month of February.

We have just finished Catholic Schools Week! Students graduating from Catholic schools have a 98.9% graduation rate with 82.4% of those students moving on to a four year college. St. Ignatius Parish School has been educating students for 118 years! At St. Ignatius School, we develop future leaders committed to building a just

We, the community of St. Ignatius School, in the tradition of Mother Marie Rose and St. Ignatius of Loyola, provide a faith-centered Catholic education guiding God's children toward building a just and compassionate world.

Carol Pausz
Principal